

## AMANOI



### THE RESORT

Renowned for its spectacular coastline, majestic mountain ranges and dramatic sand dunes, Ninh Thuan Province is rich in natural treasures including Nui Chua National Park. Amanoi is situated on a wide, mountainous promontory of the National Park, overlooking Vinh Hy Bay – known as one of Vietnam’s four most beautiful bays. Located 55 kilometres south of Cam Ranh Airport, Vinh Hy is surrounded by unique rock formations. A marine reserve adjoins the National Park and is home to a large variety of sea corals, tropical fish species, and hawksbill and green sea turtles.

After a scenic drive through Nui Chua National Park, guests ascend a broad bank of stairs to Amanoi’s Central Pavilion. On reaching the top, one experiences an unforgettable sense of arrival, as the panoramic views of the sea and coastline spread before one are simply breathtaking.

### ACCOMMODATION

Guest accommodation includes 31 Pavilions, a number with private swimming pools, and five Aman Villas, all positioned on the hillside with impressive views. The design of the Pavilions

and Aman Villas fuses contemporary elegance with traditional Vietnamese architectural styles. Views are either of Nui Chua National Park, the lake on the property, or Vinh Hy Bay and the East Sea. Pavilions are identical in layout and design, and each offers a combined living and sleeping area, as well as a timber sundeck with sun loungers. Features include a king-size bed, sofa, writing desk, LCD TV with international channels, sound docking system, wireless Internet, mini-bar and espresso machine.

Amanoi provides five accommodation categories: Pavilions offer picturesque views of the surrounding mountains or the lake. Pool Pavilions feature a private swimming pool with panoramic views. Ocean Pavilions offer expansive views of Vinh Hy Bay and the East Sea, while Ocean Pool Pavilions offer similar views alongside private swimming pools.

Each Aman Villa consists of four or five free-standing bedroom pavilions, as well as living and dining pavilions and a large private swimming pool. A live-in housekeeper and cook meet all guests’ needs, including the preparation of Vietnamese or Western cuisine in the villa’s private kitchen.

## FACILITIES & SERVICES

**Central Pavilion:** Inspired by a traditional Vietnamese communal hall, the Central Pavilion occupies the hilltop and houses the Restaurant, Bar, Library and an expansive terrace, all making the most of the spectacular views.

**Restaurant & Bar:** Serving Vietnamese and international cuisines, the Restaurant occupies the very heart of the Central Pavilion. Elegant and spacious, it offers an air-conditioned interior, as well as shaded al fresco dining areas. The Bar is set beneath the Central Pavilion's graceful eaves with views of rolling hills and distant mountains. A selection of drinks and light snacks are served.

**Central Terrace:** From its lofty perch, the Central Pavilion's expansive terrace offers superb views of the East Sea and the region's rugged coastline. Set with tables and chairs, it is ideal for al fresco dining.

**Cliff Pool:** Next to the Central Pavilion is the Cliff Pool, one of two swimming pools.

**Aman Spa:** Set beside a lotus-filled lake, Amanoi's Aman Spa is a destination unto itself, providing extensive facilities and a serene setting for relaxation and rejuvenation.

**Fitness Facilities:** Amanoi's fitness options include a spacious, light-filled gymnasium, a Pilates studio and a lakeside yoga pavilion. There are also two outdoor tennis courts and two swimming pools – one adjacent to the Central Pavilion and the other at the Beach Club beside the white-sand beach. There are also a number of scenic walking, running and trekking routes on the property.

**Library:** The resort's Library offers a range of reading materials in several languages, together with a music collection and board games.

**Boutique:** The Boutique features a selection of traditional Vietnamese lacquerware, handmade jewellery and local bronze, copper, pottery and ceramic items, as well as resort apparel.

**Beach Club:** Overlooked by magnificent granite cliffs, the Beach Club is located on the sandy white beach of Vinh Hy Bay. Designed to maximise the views, the Beach Club offers lounging and dining areas, as well as a swimming pool. A range

of water sports equipment is provided including snorkelling gear and kayaks.

## EXCURSIONS & ACTIVITIES

Ninh Thuan Province is home to the Cham, a key ethnic group in Vietnam. But it is the region's natural beauty which is its main attraction, on land and beneath the waters of the East Sea. Amanoi offers guests easy access to the region's spectacular beaches, marine reserves and pristine interior.

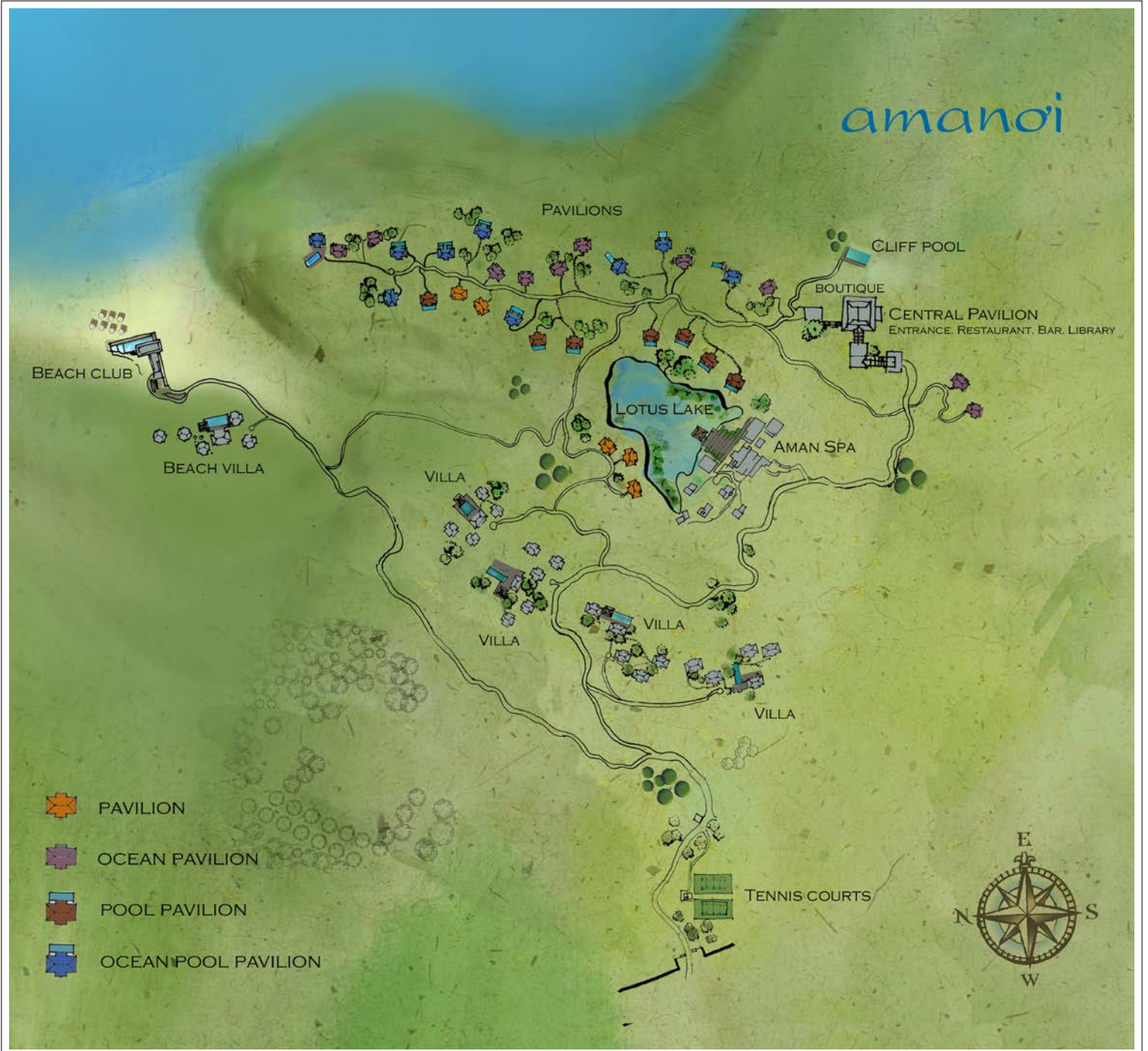
**Nui Chua National Park:** Originally a nature reserve, Nui Chua was awarded national park status in 2003. With a total area of more than 29,000 hectares, as well as an adjacent marine reserve of over 7,300 hectares, Nui Chua National Park ranges from sea level to the summit of Nui Chua Peak at 1,039 metres. As a result, the park offers a number of different ecosystems and diverse flora and fauna. The interior is typical of a tropical dry forest, with streams carving their way through ravines and rocky outcrops surrounded by verdant vegetation. The park is home to at least 1,500 plant species, 160 bird species and 60 mammal species, including the endangered black-shanked douc – an Old World monkey. Amanoi can arrange guides, picnics and all necessary transport for excursions into the park.

**Snorkelling:** The coral reefs fringing the East Sea feature delicate staghorn corals and are home to a myriad tropical fish including triggerfish and parrot fish. In the Vinh Hy Bay Sea Conservation Area, there are 307 varieties of rare corals, including 50 varieties recently discovered in Vietnam. Snorkelling is particularly enjoyable as the protection offered by the many rock islands ensures calm, clear waters.

**Scuba Diving:** For those wishing to explore at greater depths, scuba diving is an option.

**Kayaks & Hobie Cats:** Vinh Hy Bay is known as one of Vietnam's four most beautiful bays, and exploring its interesting rock formations, hidden caves and secret inlets by kayak or Hobie Cat should not be missed.

**Fishing Village:** Fishing is the main industry in Vinh Hy Bay and Amanoi guests can experience the bustle of the fishing village on foot or by car.



## AMAN SPA

Amanoi's extensive Aman Spa is a destination unto itself, providing a serene setting for relaxation and rejuvenation. Set beside a lotus-filled lake, it enjoys a prime position on the property, surrounded by the National Park's rolling hills.

Aman Spa's facilities include five double treatment suites, all with unique double bathtubs, private dressing areas and showers; two hydrotherapy suites; hand & foot therapy rooms; and a hair & finishing salon where manicures and pedicures can be enjoyed. A number of relaxation lounges with tranquil views are ideal for taking time out before or after a treatment. The spa's setting also provides open-air areas for relaxation, including a pavilion and terraces on the lake shore.

The extensive Aman Spa menu offers body treatments, scrubs, wraps, facials and hair care using Aman Spa's all-natural, chemical-free spa product range. This is complemented by traditional Vietnamese ingredients including aromatic herbs, rice and coffee.

### **Treatment Suites**

Five double treatment suites each feature a large treatment room and a spacious dressing room. This includes a steam shower, twin bathtubs set side by side and a separate toilet. Four of the five suites feature an outdoor relaxation terrace.

### **Hand & Foot Therapy Rooms and Finishing Salon**

Situated in the main spa building alongside reception, the hand & foot therapy rooms are serene venues for manicures and pedicures, while the Finishing Salon provides hair styling and the Aman Spa "To-Go" treatment.

### **Gymnasium**

Offering the latest in cardiovascular and weight-training machinery, the spacious, light-filled Gymnasium features floor-to-ceiling windows which overlook the lake.

### **Pilates Studio**

The spacious Pilates Studio is fully equipped with allegro reformers and other Pilates-specific equipment.

### **Yoga Pavilion & Lake Terraces**

A series of stepped terraces lead down to the lake and the outdoor Yoga Pavilion. This is set on the water and surrounded by floating lotus blossoms. Guests can use the Lake Terraces any time of day for meditating, reading or simply enjoying the peace and beauty of the surroundings.

### **Hydrotherapy Suites**

Aman Spa offers two hydrotherapy suites, each featuring a heated stone treatment table, steam room, Jacuzzi and cold plunge pool. These can be booked with or without a treatment. The combination of a body exfoliation with rotation between the steam room, Jacuzzi and cold plunge pool is highly recommended, as this helps bolster the immune system. Both hydrotherapy suites offer an outdoor relaxation terrace with views over the lake.

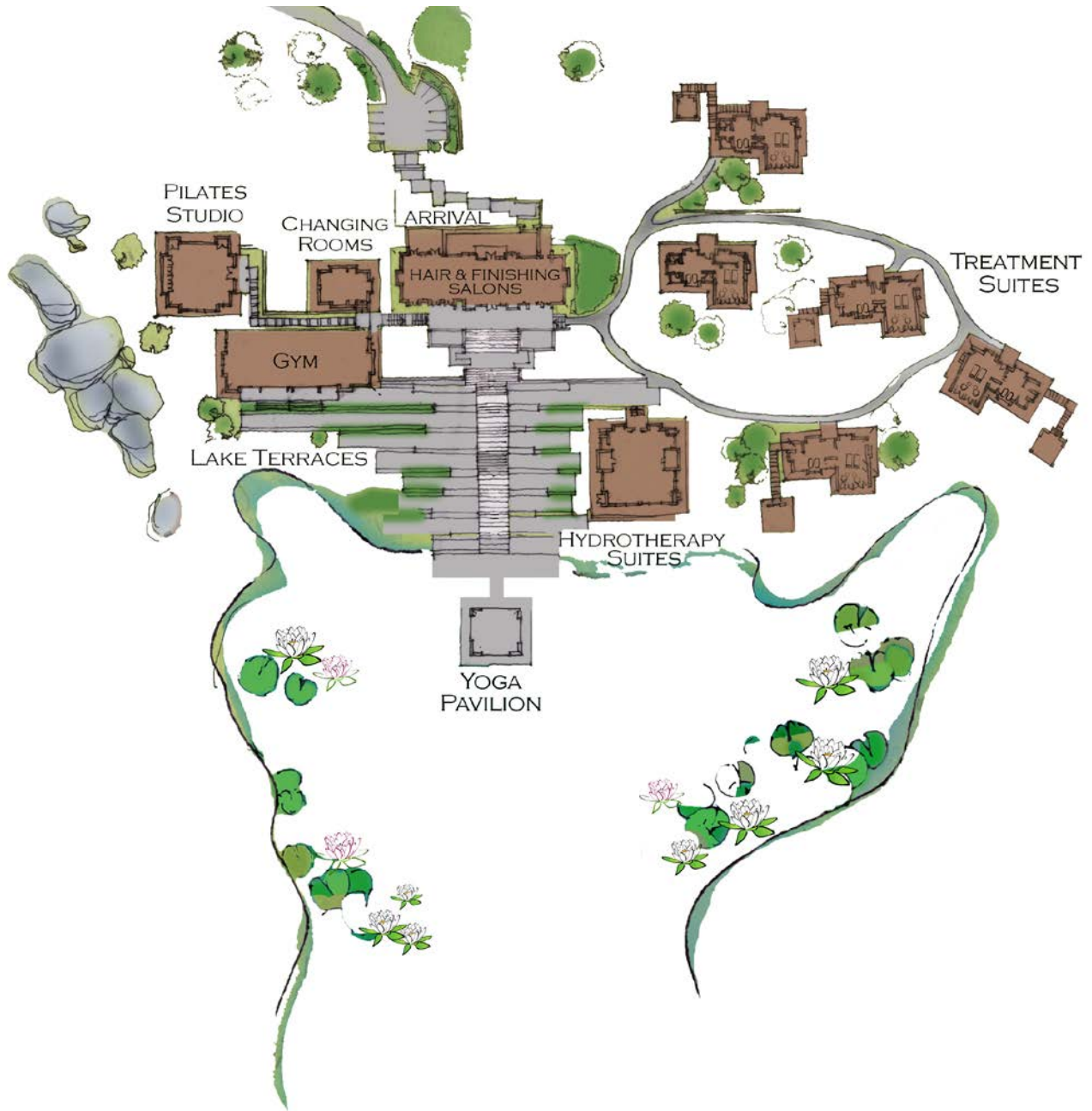
## **AMAN SPA PRODUCTS**

Based on the knowledge and wisdom of ancient wellness philosophies and natural healing traditions, Aman Spa's unique chemical-free product range works holistically to nurture the skin and enhance overall well-being. Made using the highest-quality natural ingredients known for their anti-ageing and balancing qualities, Aman skincare products penetrate deep into the skin to nourish and rejuvenate. Plant essences and extracts have been carefully sourced from around the world for their purity, potency and therapeutic qualities.

Aman Spa products cater to both men and women, and represent a lifestyle choice of simple luxury recognising nature's healing touch.







## DESTINATION

### LOCATION

Amanresorts makes its debut in Vietnam with a contemporary beachside resort alongside a full-service Aman Spa. Named for the Sanskrit-derived word for ‘peace’ and *noi* meaning ‘place’ in Vietnamese, Amanoi is a tranquil retreat situated on a beautiful white-sand beach overlooking spectacular Vinh Hy Bay.

Shaped like an elegant seahorse with its back to Laos, its tail embracing Cambodia and its belly curving into the western waters of the East Sea, Vietnam is one of Southeast Asia’s most fascinating countries. Its scenic coastline stretches in a sinuous s-shape over 3,200 kilometres from China in the north, to the Mekong Delta and beyond in the south.

Famed for its cuisine and its rich history, Vietnam is increasingly gaining recognition for its natural beauty and biodiversity. Nui Chua National Park in particular protects an area of more than 29,000 hectares of pristine coastal and marine habitats in Ninh Thuan Province, northeast of Ho Chi Minh City.

It is on the dramatic coastline of this National Park – one of the country’s largest natural conservation sites – that Amanoi is situated. With the launch of Amanoi, Amanresorts adds Vietnam to its Southeast Asian circuit, with Amanpuri in Thailand, Amantaka in Laos and Amansara in Cambodia already on offer.



### GEOGRAPHY

Vietnam is the easternmost country on the Indochina Peninsula of Southeast Asia. The country is bordered by Laos to the north-west, Cambodia to the southwest and the East Sea to the east. The s-shaped country is 1,650 kilometres from north to south, and is about 50 kilometres wide at its narrowest point. Its two biggest cities are the capital Hanoi in the north, and Ho Chi Minh City in the south. Other major cities are the ancient capital of Hue in central Vietnam, the coastal city of Danang, and Dalat in the central highlands. The country’s largest rivers are the Mekong River in the south, and the Red River in the north. The Mekong Delta covers an area of 39,000 square kilometres south of Ho Chi Minh and is known as a ‘biological treasure trove’.

### CULTURE

Vietnam is a multi-ethnic country with 54 distinct groups recognised by the Vietnamese government. This melting pot of influences has given the country its unique culture, despite the fact that Vietnam shares the cultural origins of other Southeast Asian countries.

**Cuisine:** Vietnamese food is considered one of the healthiest cuisines in the world, admired for its fresh ingredients and selective use of spices. The cuisine is based on a balance of five elements: spicy, sweet, salty, bitter and sour. Culinary traditions differ from region to region, but rice and noodles play an essential role in the daily diet of Vietnamese throughout the country. North Vietnam’s food features soy and fish sauce for a distinctive saltiness, Central Vietnamese food is known for its spice, and Southern Vietnamese cuisine is a combination of sweet and sour. Vietnamese cuisine has been influenced over the centuries by several other cultures: The Chinese introduced stir frying and the use of chopsticks, while Thailand introduced chilli and coconut milk. The culinary legacy of the French is still evident in the popularity of baguettes and pate. Popular dishes in Ninh Thuan are *Com Ga* (steamed chicken and rice with ginger sauce), *Goi Ca Mai* (raw fish salad), *So Mai Nuong* (grilled mussels with spring onion and peanut sauce), *Banh Xeo Hai San* (rice pancakes with seafood and bean sprouts), *Banh Canh Cha Ca* (aromatic fish broth with fresh herbs, rice noodles and fish cakes) and *Ca Be Cu Nhung Giam* (poached fish in white vinegar).

### HISTORY

According to mythology, the first ruler of Vietnam was Hung Vuong, who founded the nation in 2879 BC. By about 1000 BC, the development of wet rice cultivation and bronze casting in the Red River floodplains had led to the flourishing of a number

of early Vietnamese kingdoms. Autonomy was short lived however, as in 207 BC a Chinese general named Zhao Tuo defeated An Duong Vuong – the Vietnamese dynastic leader at the time. In 111 BC, the region was incorporated into the Chinese Han Empire, and for the next 1,000 years Vietnam remained mostly under Chinese rule.

In 938 AD, the Vietnamese lord Ngo Quyen finally defeated the Chinese Han forces at Bach Dang River and regained independence. Renamed Dai Viet (Great Viet), the nation enjoyed a golden dynastic period, repelling three Mongol invasions and embracing Buddhism as the state religion.

Between the 11th and 18th centuries, Vietnam expanded southwards, conquering the kingdom of Champa and part of the Khmer Empire. This was also the Age of Exploration with European powers extending their empires around the globe. Vietnam's independence was gradually eroded by the French in a series of conquests between 1859 and 1885. Vietnam formerly became part of French Indochina in 1887.

French control of Vietnam was interrupted by the Japanese invasion of French Indochina in 1941 during World War II. This same year saw the emergence of the Viet Minh – a communist liberation movement under Ho Chi Minh. Following the fall of Japan in August 1945, the Viet Minh occupied Hanoi and proclaimed national independence on 2 September. The French, however, re-established colonial rule in Southern Vietnam, dividing the country in two. French Indochina was dissolved in 1954, but North and South Vietnam remained divided. This division led to protracted fighting and eventually, to the Vietnam War. It was only on 2 July 1976 that North and South Vietnam were merged to form the Socialist Republic of Vietnam.

After a difficult period of adjustment in the late 1970s and early 1980s, Vietnam achieved impressive economic growth in the late 1980s and through the 1990s. By December 2007, Vietnam had established diplomatic relations with 172 countries, including the United States. Today Vietnam is part of the United Nations and enjoys a burgeoning prosperity.

## TRAVELS TIPS

**Getting there:** Vinh Hy Bay is accessed via Cam Ranh Airport which services Nha Trang. Cam Ranh Airport is a one-hour flight from Ho Chi Minh City, a one-hour-and-45-minute flight from Hanoi or a one-hour-and-25-minute flight from Danang. The flight is followed by a scenic 90-minute drive to Vinh Hy Bay.

**Immigration:** Visas are required to enter, exit or transit through



Vietnam. One- and three-month visas for single or multiple entries are available at any Vietnamese Embassy/Consulate before departure from country of origin. A visa on arrival can be obtained with a pre-approval letter obtained through your travel agency. There are a number of online Vietnam visa services.

Citizens of the following countries can enter Vietnam and stay for up to 15 days without visas: Brunei, Denmark, Finland, Japan, Norway, Russia, South Korea and Sweden. Citizens of ASEAN member countries (Thailand, Indonesia, Singapore, Malaysia and Laos) can stay for up to 30 days without visas. Passport holders from the Philippines can stay for 21 days without a visa.

**Climate:** Vietnam's Ninh Thuan Province is known to have the best climate in the country, with average temperatures ranging from 22°C to 35°C. The area is protected by mountain ranges, which means that storms are rare. Annual rainfall is 700-800 millimetres, and approximately 250 days of the year are sunny.

**Language:** Vietnamese is the official language of Vietnam, although English is also widely spoken.

**Currency:** Vietnam's currency is the dong. ATMs are available at the airport or in Phan Rang. Amanoi accepts Visa, Mastercard, American Express, Diners Club and JCB.

**Dress:** Southern Vietnam enjoys a tropical climate year round. Clothing made from lightweight cotton and linen fabrics is most comfortable.

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