



# INFINITE LUXURY SPA AT KATA ROCKS

Infinite Luxury Spa at Kata Rocks creates unique, luxury spa experiences tailor made for each individual guest. Every session begins with personal consultation by our therapists who are trained to improvise and adjust treatments for maximum healing and guest relaxation.

Spa programmes use exceptional ilā-spa products that enhance innovative holistic therapies, classic spa treatments, beauty services and natural healing techniques. All are aligned with our four Infinite Luxury Spa core values listed below.



UNIQUELY THAI



YOUTHFUL AGEING



REST & RECOVERY



DETOX & CLEANSING

These values are supported by the best spa technology available. The Infinite Luxury Spa includes superbly designed multiple double treatment rooms (*suitable for couples*) equipped with chromotherapy chambers with coloured light therapy (*colourolgoy*), Italian-made Iso-Benessere water massage beds for aiding spinal integration, Metronap rest pod, Thai herbal steam room and infrared sauna for after care relaxation. Sun treatments by Sun Spa Esthederm are also available.

Popular treatments that blend this incredible technology with a truly personalised touch include:



## CHAKRA WELLBEING IN CHROMOTHERAPY CHAMBER

Chakra Wellbeing is based around Chakra balancing essential oils and tailored to each guest. The ritual starts with reflexology foot massage, body scrub, Chakra healing massage and facial. It involves deep relaxation of the central nervous system by pouring warm oil over the forehead to restore and relax all five senses. The Chromotherapy Chamber is coloured to match your energy needs during treatment.

## BESPOKE DREAMTIME EXPERIENCE

This is a great option for treating jetlag. It draws on spikenard and orange blossom essential oils, marma massage and chakra healing to help restore the body's natural sleep rhythm. It is based on research that cellular growth and repair is faster during sleep; the 'Dreamtime inner peace bath' experience completes this treatment that incorporates a slow soothing, rhythmic body scrub.